



# THE FALCON FLYER

VOLUME 4



## MESSAGE FROM THE PRINCIPAL

Congratulations to Nitin Gauchan, the Cedar Canyon Spelling Bee Champion, and Ella Cheezum, runner up. The students spelled for almost 40 rounds! This is one of longest rounds we have had at CC. We are so proud of all the participants.

We want to thank our PTO for all their support. Fall enrichment was a nice treat for the students and they enjoyed the classes offered. The entire staff was grateful for the Thanksgiving pies, which were baked by the CHS Culinary Class. In the coming weeks, the PTO will be providing the children with one of their favorite activities, Holiday Shopping for their families.

Our 3rd and 4th Grade students along with our 5th Grade Band will be getting us all in the holiday spirit by performing in our winter concert on December 7. More information about our afternoon grandparents concert will be in our weekly emails.

Finally, we would like to wish you all a Happy Holiday Season. Barring any bad weather, winter break will begin December 22 and school will resume on January 8. We hope you all have a safe and happy time with friends and family. Please let me know if I can do anything to support your family.

*Courtney Bailey, Principal*

DECEMBER 2023

## IMPORTANT DATES AND EVENTS

December 1  
Falcon Factor 8:00am

December 7  
Winter Concert  
3, 4 & Band

December 9  
PTO Ice Skating Party  
4-5:30pm

December 11-15  
PTO Holiday Shop

December 15  
Reindeer Rock Dance  
Grades 3, 4, & 5

December 19  
Raktivist Club  
Salvation Army Bell  
Ringing 4-7:00pm

December 19  
5th Grade Field Trip  
Junior Achievement



# **CEDAR CANYON CARES!**

This year we are intentionally working to build an even stronger sense of community at Cedar Canyon. Each day we focus on creating a safe learning environment where students learn how to use their voice to communicate their needs and develop genuine relationships with their peers and staff. Students are learning strategies to work together, resolve conflict, monitor their own emotions, and empathize with others using the program called Trust-Based Relational Interventions. This month we focused on mindfulness and asking or telling.

## **MINDFULNESS**

Being mindful means **having your mind on what you are doing**. It's the opposite of rushing or doing too many things at once. To be mindful, you slow down to take your time. You do one thing at a time. You focus on what you're doing in a calm way. Students should pay attention to how they are feeling and what clues their body is giving to them.

### **WHY DO WE FOCUS ON THIS?**

It is so important for our students to be in the present moment in order to take in all of the information provided to them on a daily basis. If students are focused on what happened earlier in the day or a few days ago, they are not able to concentrate on the task at hand. In addition to this, we want students' to focus on their actions and not the actions of others.

## **ASKING OR TELLING**

Sometimes when people want something, they will demand it instead of asking for it. Other times, when they have a need, they will say it rather than asking for their need to be met. By using asking or telling, we are asking the person to think about what they are saying and rephrase it into a question.

### **WHY DO WE FOCUS ON THIS?**

We believe that it is important to think about the way we communicate our wants and needs. By having students rephrase their communication, it changes their tone and it conveys respect.



# A Script from the Clinic

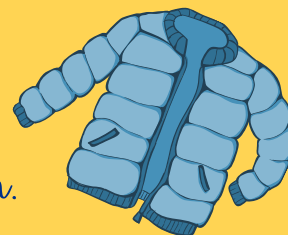
The temperatures will be falling. Please dress your children appropriately for the weather. The kids go out to recess until the wind chill reaches 10 degrees.

Children need to be sent to school with a coat, hat and gloves. When those coats, hats and gloves go missing, be sure to have your student look in the lost and found.

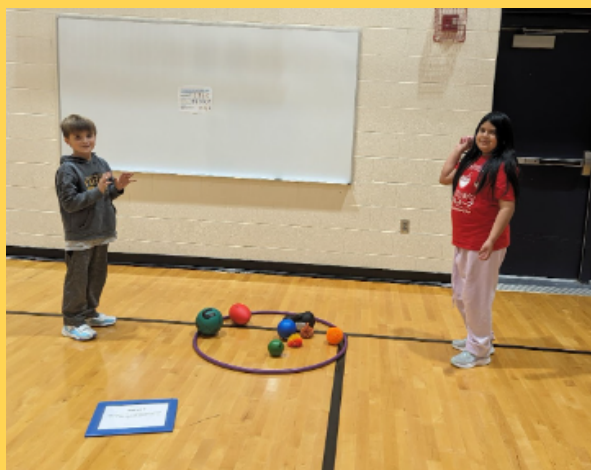
If your child comes home wearing different clothes borrowed from the clinic please be sure to wash them and return them as soon as possible. This ensures that there will be spare clothes here at school if your student were to need them. Thanks in advance for your help with this.



*Betsy Bloom, RN, BS*  
*637-6101 extension 8508*  
*Clinic Hours 8 a.m. to 2:30 p.m.*



## GYM NOTES



**Students enjoyed the throwing and catching unit covered in gym this month! We have begun a dance unit and students are creating dances for their classmates!**



## RAKtivist

RAKtivist will be writing candy cane grams to pass out to all the staff at Cedar Canyon to show them how much we care and appreciate all they do for us! This means so much to them and the students work really hard to write encouraging and loving messages.

## Salvation Army Bell Ringing

We will be bell ringing on December 19th from 4-7pm at the Kroger on DuPont! Stop by, donate, and get a candy cane from your favorite RAKtivists.

December 4th/5th grade meeting date TBD



## Erin's Law Presentation

All students attended a prevention program called MBF Child Safety Matters. Students receive a fun, engaging, and developmentally appropriate classroom lesson that educate and empower them to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of child abuse, digital abuse, and other digital dangers. They were given a parent information sheet and a bookmark to share the information they learned during this lesson.

Learn more at  
[www.mbfpreventioneducation.org](http://www.mbfpreventioneducation.org).

## The Giving Tree

The Giving Tree is in the office and filled with ornaments. Students can choose up to three ornaments with a note giving permission from a parent/guardian. Once the ornament is chosen, students will write their name on one ornament to leave with office staff and one to take home to attach to the item. Please bring the item back **unwrapped** to school by **December 18th**. We appreciate all the generosity and love Cedar Canyon has shown for others during the holidays. The families and charities receiving these gifts are very thankful and appreciative of everything.



Contact Mrs. Antos at [cassie.antos@nacs.k12.in.us](mailto:cassie.antos@nacs.k12.in.us)



# PTO VOLUNTEER DATABASE SIGN-UP

IF YOU MISSED THE QR CODE ON BACK TO SCHOOL NIGHT, PLEASE SIGN-UP BELOW FOR THE 2023-2024 PTO VOLUNTEER DATABASE. VOLUNTEER OPPORTUNITIES INCLUDE CLASSROOM PARTIES, BOOK FAIR, HOLIDAY SHOP, PARENT WORKROOM, PTO COMMITTEES, LITTLE SHOTS, MOVIE NIGHT, AND MORE.

[HTTPS://CEDARCANYONPTO.ORG/VOLUNTEER](https://cedarcanyonpto.org/volunteer)

AS A REMINDER, YOU MUST COMPLETE YOUR OWN BASIC CRIMINAL BACKGROUND CHECK IF YOU INTEND TO VOLUNTEER, CHAPERONE, OR PARTICIPATE IN ACTIVITIES THAT INVOLVE EXTENDED INTERACTION WITH STUDENTS OTHER THAN YOUR OWN. BACKGROUND CHECKS WILL BE COMPLETED THROUGH RAPTOR TECHNOLOGIES. THE LINK CAN BE FOUND ON THE DISTRICT WEBSITE UNDER PARENTS. THERE IS A COST OF \$15.00 TO SUBMIT THE BACKGROUND CHECK AND IT IS VALID FOR THREE YEARS. IF YOU ANTICIPATE VOLUNTEERING IN THE CLASSROOM, GOING ON A FIELD TRIP, HELPING WITH FIELD DAY OR SIMILAR ACTIVITIES, PLEASE COMPLETE A BACKGROUND CHECK. IF YOU DON'T REMEMBER IF YOU HAVE COMPLETED THIS, PLEASE CALL THE OFFICE AND WE CAN VERIFY THAT INFORMATION.

## MUSIC NOTES WITH MRS. WEIDNER

3rd and 4th grade is excited to present our winter musical, On with the Snow! Save the date- Thursday, December 7 at 6:30pm in the gym.

Please see the attached invitation, which was also sent home:

*3-4 On with the Snow Invitation*

Band- We have been working hard to prepare for our winter concert! Band students will perform at the beginning of the 3rd and 4th grade winter musical, Flakes on Thursday, December 7 at 6:30pm. Please see the attached invitation for more information:

*Band On with the Snow Invitation*

Family Activity: Throughout the year we talk about instrument families. To learn about the families, hear videos of the instruments, and do a review activity, scan the QR code. It will ask you to make a copy of the Google Slides resource so that you aren't editing the same activity as another family. Test your musical knowledge and have fun!



If you have any questions, please contact me at [jamie.weidner@nacs.k12.in.us](mailto:jamie.weidner@nacs.k12.in.us).

-Mrs. Weidner



Thank you to all the families and staff for supporting the Book Fair and Birthday Book Club. New books arrive each month! Third, Fourth, and Fifth Grade be watching for a Genre Challenge.

Mrs Martin, Librarian

The poster has a green background decorated with yellow snowflakes, red and blue dots, and a string of colorful Christmas lights. On the left, there are four pairs of ice skates: yellow, blue, pink, and white. On the right, there are four ugly Christmas sweaters: pink with a white tree, yellow with green gift boxes, red with colorful patterns, and green with a Santa Claus design.

I'M DREAMING OF AN  
Ugly Sweater  
Ice Skating  
Party  
Saturday, December 9th  
4p-5:30p

SportONE Parkview Icehouse  
3869 Ice Way  
Fort Wayne

Prizes awarded for best  
dressed group, most festive, &  
most original!

**\$10 CASH ONLY at the door**  
includes admission & skates!



The Art Room is a busy place right now! We have finished up Fall projects and are now working on our FAME artwork. The theme for FAME this year is Scandinavia and the Nordic Region. We are painting to the song, "In the Hall of the Mountain King" and then creating another piece of art to go on top of the painting.

*The FAME Festival will be  
March 16th and 17th at the Grand Wayne Center.*

If you are attending the 3rd and 4th Grade musical in December, be sure to check out the artwork which is displayed in the hallway! They have done a fantastic job this semester!

